



Free, confidential advice and support for survivors of sexual violence in Darlington and County Durham



We are a feminist, women led charity working to end rape and sexual violence by supporting and empowering survivors across Darlington and County Durham.

We offer free, safe support to survivors who have experienced any form of sexual abuse at any time in their lives.



## Our confidential services include:

- Counselling
- Emotional Support Line
- Emotional Support Email
- Trauma-informed Support Groups
- Independent Sexual Violence Advisors (ISVAs)

We also offer bespoke training on sexual violence and actively campaign to end to all forms of rape and sexual violence.

If you need to talk to someone in confidence about sexual abuse, we are here for you.

## How to get in touch with RSACC

You can refer yourself for our ISVA service and/or counselling by calling us on **01325 354119**.

Our local, confidential Emotional Support Line is available on 0300 222 5730. Our Support Line is staffed by trained women who are there to listen and support. For opening hours please check our website: Emotional Support Line - RSACC (rsacc-thecentre.org.uk).

We also have a confidential Emotional Support Email, where you can contact us for support and signposting. You will receive a response in up to 7 days. Email: support@rsacc-thecentre.org.uk.

If you have a general enquiry you can also email us: info@rsacc-thecentre.org.uk

## Or write to us:

RSACC, PO Box 106, Darlington DL3 7YS

You can find more information about our services or how to become a volunteer or supporter www.rsacc-thecentre.org.uk calling our business line during office hours 01325 354119.

Charity Number: 1164121





